



# Maternal adaptations to pregnancy: Renal and urinary tract physiology

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## INTRODUCTION

Normal pregnancy is characterized by profound changes in almost every organ system to accommodate the demands of the fetus. Thus, pregnancy results in both structural and functional changes of the kidney and urinary tract. This topic will review physiologic changes in the kidney and urinary tract.

Related topics on kidney disease in pregnancy and other maternal adaptations can be found separately.

- (See "[Pregnancy in patients with nondialysis chronic kidney disease](#)".)
- (See "[Maternal adaptations to pregnancy: Cardiovascular and hemodynamic changes](#)".)
- (See "[Maternal adaptations to pregnancy: Hematologic changes](#)".)

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